

# Relentlessly DEDICATED

# TO SERVING IOWA FAMILIES.

**ACROSS THE STATE, LSI LIFTS UP HUNDREDS OF IOWA CHILDREN, ADULTS, AND FAMILIES THROUGH A WIDE BREADTH OF SERVICES.**

## **BEHAVIORAL HEALTH INTERVENTION SERVICES AND MENTAL HEALTH SERVICES**

LSI's expert therapists provide mental health care to children, couples, adults, and families on a flexible schedule that meets each client's needs. Our Behavioral Health Intervention Services social workers provide regular in-home visits to children with severe emotional or behavioral disorders, providing families with activities and tips to improve healthy communication, decision-making, and anger management.

## **EARLY CHILDHOOD SERVICES**

LSI parent educators empower parents and expecting parents through education and in-home visits to ensure children are hitting their developmental milestones. They also connect families to resources like parenting support groups and community supports like food pantries, affordable housing, and career development programming.

## **FAMILY SAFETY, RISK, AND PERMANENCY SERVICES**

**(FSRP)** LSI is a selected provider for Family Safety, Risk, and Permanency Services through Iowa's Department of Human Services (DHS). These services support families in crisis who are at risk of abuse or neglect and are court-mandated to receive services. Through regular visits with families, FSRP Care Coordinators use a strengths-based approach to keep Iowa families together.

**FOSTER CARE AND ADOPTION** In 30 western Iowa counties, LSI Foster Care and Adoption recruits, licenses, and supports foster and adoptive parents to ensure every child has a loving support system. LSI's recruiters provide initial orientations for families, guide them through the licensing and training process, and serve as a shoulder to lean on for foster and adoptive families.

## **REFUGEE AND IMMIGRANT SERVICES**

Iowa has a long legacy of welcoming former refugees and immigrants as they build their new lives in the U.S. LSI's Refugee and Immigrant Services team supports and empowers families by providing education, family wellness, and career development programming.

## **RESIDENTIAL TREATMENT**

LSI has two Residential Treatment Centers – Bremwood in Waverly and Beloit in Ames – that provide 24-hour mental health treatment for some of Iowa's most vulnerable children and teens. Youth associates and specialists on campus provide children with the safe, positive, and therapeutic environment they need to thrive. An on-campus therapist provides trauma-informed care to children through individual, group, and family sessions.

## **SERVICES FOR PEOPLE WITH DISABILITIES (SFPD)**

LSI's Services for People with Disabilities walk alongside Iowans with disabilities as they build independence. We provide a range of service, from direct support professionals offering 24-7 supervision or hourly care throughout the week to occasional respite care. LSI's newest program, Host Homes, provides an innovative shared living opportunity for adults with disabilities, who may thrive in a private family home with more one-on-one support from an LSI independent contractor.



Unite



Respect



Grow



Empower



LSI is affiliated with Lutheran Services in America and the three Iowa synods of the Evangelical Lutheran Church in America. We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. LSI is nationally accredited by the Council on Accreditation.