

Message Worksheet



Follow these tips when talking or writing to your elected officials.

STEP 1 Be Polite

Treat policymakers with respect, even if they don't agree with you.

STEP 2 Be Persistent but Patient

Policy change takes time. Don't give up.

STEP 3 Practice and Prepare

Practice talking to your legislator—it really does help. Think about what you want to say before you meet with, write, or call them.

STEP 4 Be Clear

Stick to a simple and clear message. Get to the point quickly, and don't forget to let them know what you want them to do.

STEP 5 Be Personal

Real life examples help legislators look at issues differently and put a human face on them.

STEP 6 Be Honest

Never lie. You want to be a reliable source of information to your policymakers.

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What is your issue or story? *(50 words or less)*

What do you want them to do? *(50 words or less)*

List the three key points you want to make.

- 1.
- 2.
- 3.